## Bringing quality to lives

## The Herbal-Health Centre

Where cannabis is concerned, there has certainly been progress—at least in the form of campaign promises. Trudeau and the Liberals won a majority election and the new administration package comes complete with a mandate to legalize cannabis. Medical cannabis has been legal in Canada for over a decade and serving medical patients is the mandate at The Herbal-Health Centre (THHC), which continues to set industry standards for professionalism and compassionate care.

More than 2,500 patients have joined The Herbal-Health Centre for access to medical cannabis. Word continues to spread quickly and results keep people coming back. Over the past two years, THHC has been an advocate for the shift to non-psychoactive cannabis therapies. Patients report that these options offer relief from a host of symptoms without the "high" normally associated with cannabis use. These therapies essentially remove barriers for anyone who does not want to be exposed to a mind-altering substance.

Non-psychoactive, CBD-specific formulations are gaining significant traction for addressing pain from inflammation and seizure disorders. Topical applications, in the form of salves, balms and lotions, provide relief from joint and muscle pain. Patients applying these topically have also experienced significant, easy-to-see improvement with symptoms of skin can-

cers, psoriasis, eczema, chemical burns and other skin injuries. Suppositories infused with cannabis oils are gaining acceptance and recognition for their ability to deliver the benefits of full-spectrum cannabinoid therapy without making patients high.

Individuals suffering from post-traumatic stress disorder (PTSD) are also discovering the potential benefits. PTSD patients using cannabis report significant improvement in sleep quality, appetite and anxiety levels. Collectively, relief from these common symptoms facilitates lifting of depression, improvement of mood, outlook and generally improved quality of life. There is no good reason to wait. Cannabis is an excellent place to start therapy for PTSD symptoms. Cannabis therapy is easy. It's not about smoking—vaporizing or dosing orally is safe, easy, convenient and inexpensive. Cannabis is a natural, whole-plant therapy that has been in use for thousands

The barriers to considering cannabis as a legitimate therapeutic option continue to fall and the number of patients exploring this option continues to grow. The professional, knowledgeable and compassionate staff at THHC are prepared to answer your questions about which forms of cannabis can help improve your quality of life.

Medical cannabis patients have driven the movement for access to cannabis. Legislated change is coming. THHC is part of A workplace accident left me with third- and fourth-degree acid burns over 60 per cent of my arms. The doctor said it would be six months before the skin was healed enough for skin grafts to repair the damage and return to work. A cannabis topical from THHC healed the burns and I was back to work in three months. I have minimal scarring and did not require surgery."—Testimonial

the conversation to develop intelligent, workable policy and regulations for cannabis that consider cannabis patients first.

Discover the modern cannabis in an inviting and professional environment with the help of knowledgeable and compassionate staff at The Herbal-Health Centre.

A decade of struggle with health issues led to 34 operations. Doctors prescribed a host of traditional narcotics with diminishing results and insufferable side effects. I couldn't work and had to go on social assistance to get by. I felt powerless.

Medical cannabis was something that I had never tried and the results were nothing short of a miracle. I was able to return to work and gain back a quality of life for my family." — Erick, Plumber/Enderby, BC



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CULTIVATING WELLNESS

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