



# With glowing hearts...

Polite? Easygoing? Sure... sounds like us. But Canadians are also proud. Very proud. And we'd like to share that pride with a personal photo journal of February 12-28, 2010

A KEPSAKE FROM  
**OKANAGANLife** AND **THOMPSONLife**  
magazine magazine



## OLYMPIC MOMENTS

Name one other event in the history of our country that has so completely enthralled Canadians. We responded to the Vancouver Olympics as one with belly laughs and streaming tears, involuntary cringes and collectively held breath, leaps to our feet, fists pumping the air, voices raised in cheers and anthem until we could no longer speak — and most of all — hearts filled with unqualified pride. Here are some of the moments we will cherish.

**DAY 1: 12/02/10**  
OPENING CEREMONIES WOW THE WORLD DESPITE AN EQUIPMENT MALFUNCTION AND SOMBRE MEMORIAL MOMENT. PENTICTON SLAM POET SHANE KOYCZAN KNOCKS OUR SOCKS OFF WITH HIS HOMAGE TO CANADA, *WE ARE MORE*, AND *OKANAGAN LIFE'S* PAUL BYRNE CAN'T BELIEVE HIS LUCK AS WAYNE GRETZKY JOGS RIGHT PAST HIM



CARRYING THE OLYMPIC TORCH INTO THE RAINY NIGHT. OUR HOCKEY ICON TAKES THE FINAL LEG OF A 45,000-KILOMETRE RELAY THAT ENDS AS HE TOUCHES HIS TORCH TO THE BASE OF THE OLYMPIC CALDRON AND FLAMES RACE TO THE FIVE PINNACLES, LIGHTING UP THE VANCOUVER GAMES

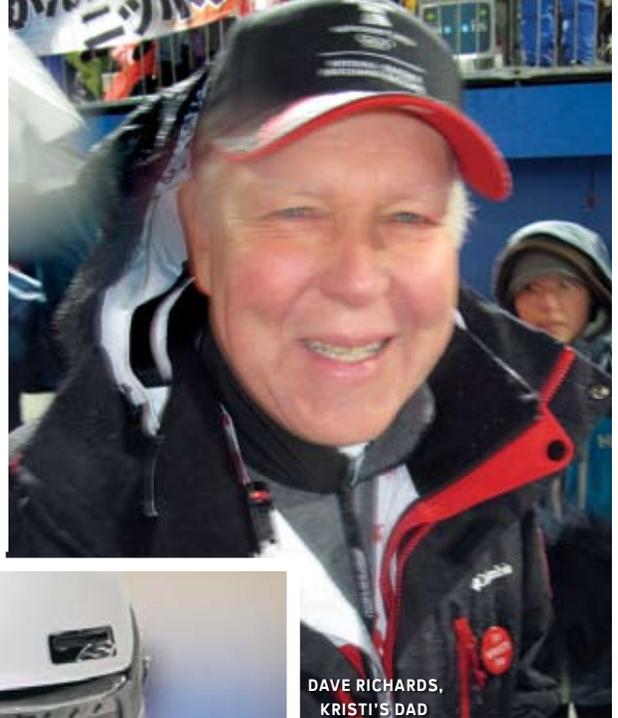
PHOTOS BY PAUL BYRNE



LAYNE RICHARDSON,  
GRAHAM FILEK,  
SUMMERLAND



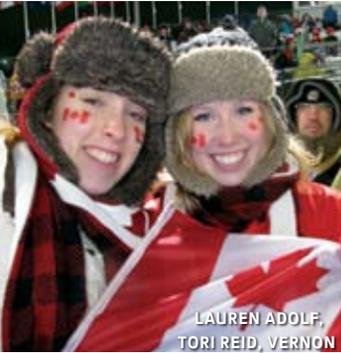
DARREN MCWATTERS,  
ALLAN TWEEDIE,  
SUMMERLAND



DAVE RICHARDS,  
KRISTI'S DAD



MIKE AND HEATHER COOKE



LAUREN ADOLF,  
TORI REID, VERNON



KRISTI RICHARDS' FAN CLUB



DAY 2: 13/02/10  
THE OKANAGAN'S OWN  
KRISTI RICHARDS PLACES  
20TH IN LADIES' MOGULS  
AND 1ST IN SPORTSMANSHIP.  
AFTER A FALL ENDS ALL HOPE  
FOR A MEDAL, THE GUTSY  
COMPETITOR RETRIEVES HER  
SKI, COMPOSES HERSELF AND  
SHOWS THE CHERING CROWD  
HER SENSATIONAL AIR. IN  
THE SAME EVENT, JENN HEIL  
CAPTURES SILVER — CANADA'S  
FIRST MEDAL OF THE GAMES



DAY 3: 14/02/10  
ALEX BILODEAU ENDS THE  
DROUGHT — BECOMING THE  
FIRST CANADIAN TO CAPTURE  
OLYMPIC GOLD ON HOME SOIL.  
TELEVISION VIEWERS ACROSS  
THE COUNTRY ARE BROUGHT  
TO TEARS BY THE IMAGE OF  
THE MOGUL SKIER'S BROTHER  
FREDERICK, WHO SUFFERS FROM  
CEREBRAL PALSY, IN JUBILANT  
VICTORY CELEBRATION ON THE  
SIDELINES, AND LATER, THE  
MOMENT WHEN THE TRIUMPHANT

BILODEAU IS ABLE TO  
EMBRACE THE MAN  
HE CALLS HIS INSPI-  
RATION. KRISTINA  
GROVES NOTCHES  
UP A BRONZE IN  
THE 3,000M SPEED  
SKATING EVENT



JJ, ZACH AND JENN MILNE, VERNON



JUDY AND BEN HOY (DREW NEILSON'S PARENTS), LYNNE AND JIM ROBERTSON (MIKE ROBERTSON'S PARENTS)



BRETT AND JAKE TIPPIE



AMY, DREW AND CALEB NEILSON



RILEY, WADE AND BRADY NEILSON

**DAY 4: 15/02/10**

HEART-STOPPING DRAMA ON CYPRESS MOUNTAIN AS MIKE ROBERTSON LEADS THE MEN'S SNOWBOARD CROSS THROUGH MOST OF THE RACE. BUT WITH GOLD IN HIS SIGHTS, THE CANADIAN RACER IS PASSED NEARING THE FINISH LINE AND SETTLES FOR SILVER. DREW NEILSON, FROM VERNON, WHO BATTLED BACK FROM INJURY TO MAKE THE CANADIAN TEAM, IS ELIMINATED IN THE QUARTER FINALS. HE

JUMPS INTO THE STANDS AND PICKS HIS WAY OVER ROWS OF SPECTATORS TO REACH HIS FAMILY AND SHARE AN OLYMPIC MOMENT



**DAY 5: 16/02/10**

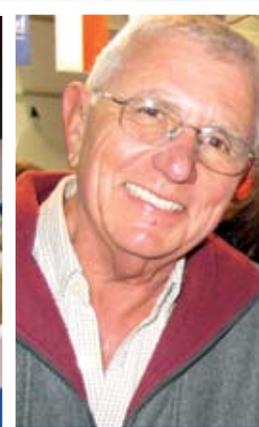
MAËLLE RICKER MAKES NO MISTAKE WHEN IT COMES HER TURN TO TACKLE THE SNOWBOARD CROSS COURSE ON CYPRESS MOUNTAIN. WITH THE CROWD IN SCREAMING HYSTERIA, SHE CLINCHES THE FIRST GOLD MEDAL FOR A CANADIAN WOMAN ON HOME SOIL



ANDI AND  
JILLIAN BUEGHI,  
DAUGHTER JADA,  
NIECE LILLY,  
KELOWNA



RICK AND PAMELA  
PALMATEER,  
KAMLOOPS



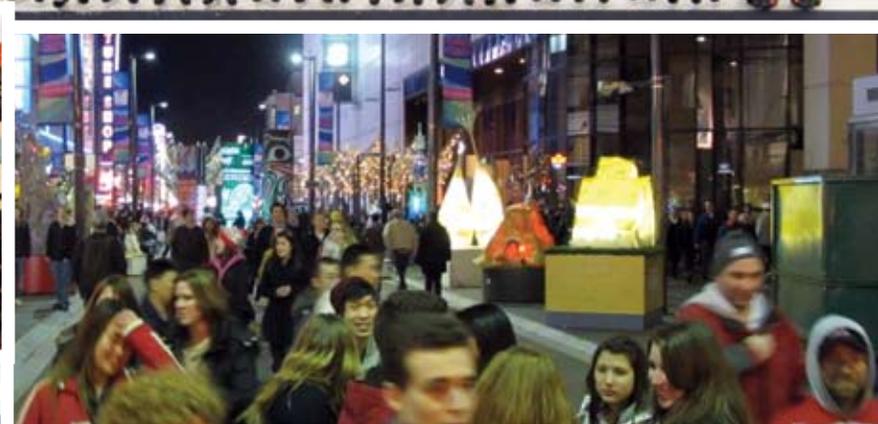
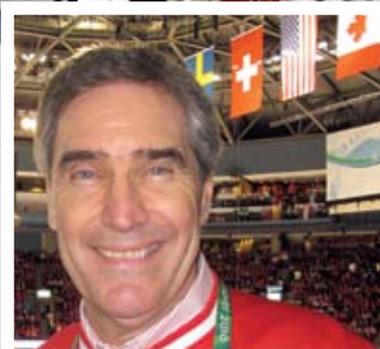
DAY 6: 17/02/10  
MARIANNE ST-GELAIS GETS AN UNEXPECTED 20<sup>TH</sup> BIRTHDAY PRESENT AS SHE MUSCLES HER WAY TO SILVER IN THE 500M SHORT TRACK SPEED SKATING EVENT AT PACIFIC COLISEUM. SPECTATORS SHARE HER JOY AS THE EXULTANT SKATER CIRCLES THE TRACK WITH THE MAPLE LEAF FLAG STREAMING FROM HER UPRAISED ARMS AND EMBRACES BOYFRIEND AND TEAMMATE CHARLES HAMELIN



DAY 7: 18/02/10  
CHRISTINE NESBITT SPURS AN ALREADY SUPPORTIVE CROWD TO THEIR FEET AS SHE POWERS BACK FROM A DISTANT 15<sup>TH</sup> PLACE AT THE 200-METRE MARK OF THE 1000M SPEED SKATING RACE. FRENZIED FANS BRING THE HOUSE DOWN AT THE RICHMOND OLYMPIC OVAL AS SHE LUNGES FOR GOLD AT THE FINISH LINE, EDGING OUT A DUTCH SKATER FOR TOP SPOT ON THE PODIUM BY A PHOTO FINISH TWO ONE-THOUSANDTHS OF A SECOND



STEVE-OMISCHL, KELOWNA



ED, JENNIFER AND SYLVIA MORIC, KELOWNA



**DAY 8: 19/02/10**

WHAT A NIGHT. JON MONTGOMERY RATTLES SOME BONES AS HE LAUNCHES HIS SLED FOR THE THIRD RUN IN THE SKELETON COMPETITION AT THE WHISTLER SLIDING CENTRE AND CLOCKS SPEEDS OF 145 KM/H TO RIP THE TRACK RECORD AND A SOLID SHOT AT GOLD. MONTGOMERY LITERALLY LEAPS TO THE TOP OF THE PODIUM AFTER THE FOURTH RUN RESULTS

CONFIRM HIS WIN. LATER, THE FEISTY RED-HEAD THRILLS THE ON-SITE CROWD AND GIVES TV VIEWERS THE ICONIC IMAGE OF THE DAY AS HE CHUGS A JUG OF BEER ON HIS TRIUMPHANT WALK THROUGH THE STREETS OF WHISTLER



**DAY 9: 20/02/10**  
APART FROM OPENING CEREMONIES, THIS IS THE ONLY MEDAL-FREE DAY FOR CANADA AT THE 2010 WINTER OLYMPICS



CATHIE, MATTHEW, EMMA AND DAVE WILLIAMSON, KELOWNA



SHAYLA MERRILL, SARAH SUTHERLAND, PENTICTON



SERWA FAMILY



CHRIS DEL BOSCO, KELSEY'S BOYFRIEND



THE MCIVOR CLAN



KELSEY SERWA FANS AND FAMILY

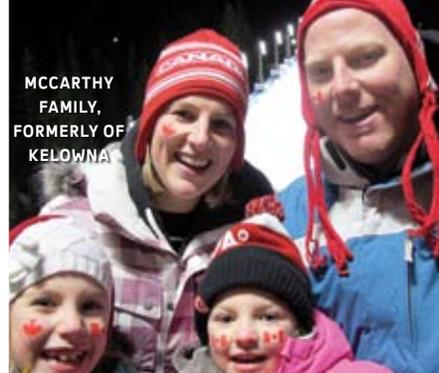


DAY 10: 21/02/10  
FANS AT THE RICHMOND OVAL DO EVERYTHING THEY CAN TO HELP KRISTINA GROVES CLINCH AN EXPECTED GOLD MEDAL IN THE 1500M SPEED SKATING RACE, BUT HER LEGS JUST DON'T HOLD UP. AFTER A BLISTERING START AND MAINTAINING A WINNING PACE FOR MUCH OF THE RACE, SHE BEGINS TO FADE AND NO AMOUNT OF CHEERING CAN MAKE THE DIFFERENCE. GROVES HANGS ON FOR SILVER AND

BECOMES CANADA'S FIRST DOUBLE MEDALLIST OF THE VANCOUVER GAMES. AND THERE'S NOT MUCH TO CHEER ABOUT IN HOCKEYVILLE AS ARCHRIVAL TEAM USA STOPS OUR MEN COLD AND THE DOOM-AND-GLOOMERS START TO PREDICT DISASTER

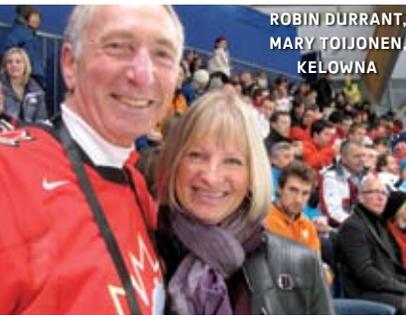
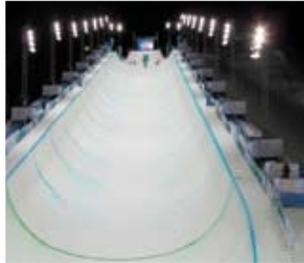
DAY 11: 22/02/10  
ADMIT IT, EVEN YOU STICK WIELDING HOCKEY JOCKS ARE WAVING THE FLAG WHEN ICE DANCERS TESSA VIRTUE AND SCOTT MOIR PROVE THAT HOCKEY PLAYERS AREN'T THE ONLY ONES WHO CAN TOPPLE THE RUSSIANS. THE PAIR NAILS THEIR FINAL SKATE TO SCORE GOLD BY A CONVINCING MARGIN AND BECOME

THE FIRST NORTH AMERICANS, AND ONLY THE THIRD TEAM IN ICE DANCE HISTORY, TO DENY RUSSIAN/SOVIET SKATERS THE TOP STEP ON THE PODIUM



MCCARTHY FAMILY, FORMERLY OF KELOWNA

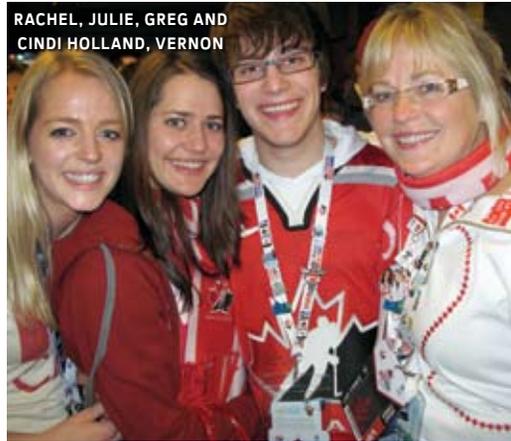
TINA GUINDON, DAN WILKINS, RONNIE DAS, MIKE LIESEMER, ALAIN RIVIERE (FRONT), KELOWNA



ROBIN DURRANT, MARY TOIJONEN, KELOWNA



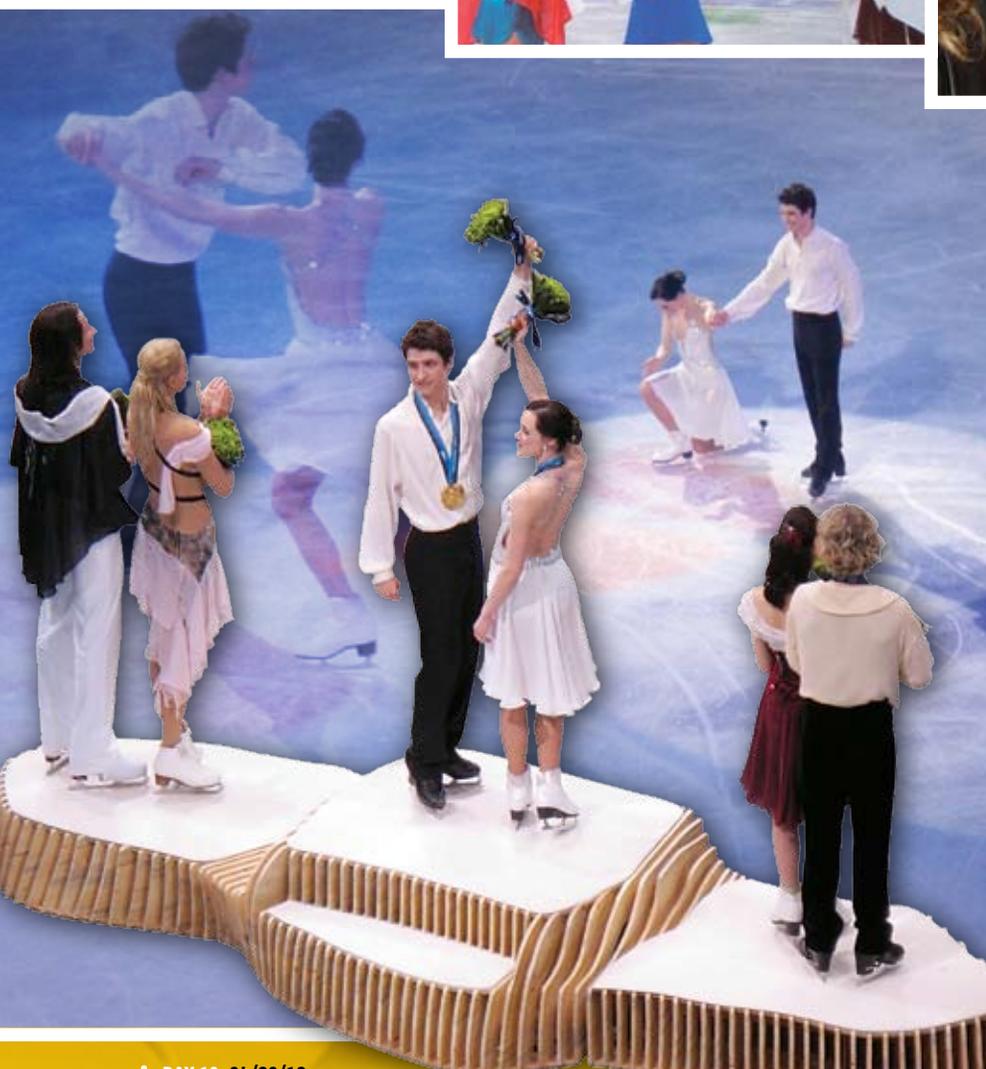
RACHEL, JULIE, GREG AND CINDI HOLLAND, VERNON



DAY 12: 23/02/10  
ACTION PACKED, EMOTION FILLED DAY. KELOWNA'S KELSEY SERWA FINISHES FIFTH IN THE HISTORIC OLYMPIC DEBUT OF THE SKI CROSS EVENT IN WHICH HER TEAMMATE, ASHLEIGH MCKIVOR, DELIVERS CANADA'S SIXTH GOLD MEDAL OF THE GAMES. AND THERE'S NOT A DRY EYE OR A SILENT

VOICE IN THE HOUSE AS GUTSY JOANNIE ROCHETTE DELIVERS AN UNFORGETTABLE LESSON IN COMPETITIVE SPIRIT AND PERSONAL CHARACTER, SKATING HER SHORT PROGRAM JUST DAYS AFTER THE SUDDEN DEATH OF HER MOTHER





**DAY 13: 24/02/10**  
 IT'S LADIES' DAY. FLAG BEARER AND SENTIMENTAL FAVOURITE CLARA HUGHES, THE ONLY OLYMPIC ATHLETE TO WIN MULTIPLE MEDALS AT BOTH SUMMER AND WINTER GAMES, CAPTURES BRONZE IN THE 5000M SPEED SKATING EVENT. RED JACKETS DOMINATE THE PODIUM IN WOMEN'S BOBSLEIGH AS CANADA WRAPS UP BOTH GOLD AND SILVER, AND FOUR MORE SPEEDY WOMEN TEAR UP THE

SHORT TRACK SPEED SKATING OVAL TO BRING HOME SILVER IN THE 3000M RELAY. OH, YEAH, THE GUYS MAKE A SHOWING TOO—UPHOLDING OUR NATIONAL PRIDE WITH A 7-3 QUARTER-FINAL DRUBBING OF THE RUSSIANS AT THE HOCKEY RINK



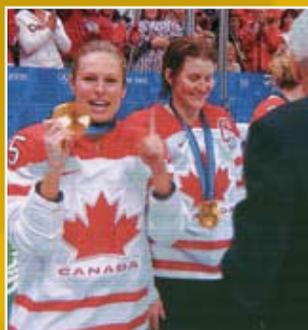
**DAY 14: 25/02/10**  
 KELOWNA'S STEVE OMISCHL CARRIES THE PRESSURE OF HIGH EXPECTATIONS AS THE FORMER WORLD CUP AERIALS CHAMP SEEKS TO BANISH HIS OLYMPIC BOGEMEN. HE PULLS OFF AN EIGHTH PLACE FINISH. BUT CANADA DOESN'T MISS OUT ON THE MEDAL TALLY TODAY. FIGURE SKATER



BLAIR (FORMER OLYMPIAN), CAROL, JAKE AND GEORGE HORM



JOANNIE ROCHETTE CLAIMS BRONZE IN HER EVENT AND GOLD IN OUR HEARTS. HOCKEY MADNESS REACHES FEVER PITCH AS OUR WOMEN'S TEAM LEAVES THE AMERICANS WITH HEADS HANGING AND STEPS UP TO CLAIM THEIR RIGHTFUL GOLD



DAY 15: 26/02/10 THE WOMEN'S CURLING TEAM CAPTURES SILVER IN SPITE OF TWO GOLDEN OPPORTUNITIES AND CANADA FINDS TREASURE ON THE SHORT TRACK SPEED SKATING OVAL. CHARLES HAMELIN CLAIMS GOLD AND FRANÇOIS-LOUIS TREMBLAY PICKS UP BRONZE IN THE 500M WHILE THE MEN'S 5000M RELAY TEAM SKATE TO THE TOP OF THE PODIUM, GIVING HAMELIN HIS SECOND GOLD OF THE NIGHT

DAY 16: 27/02/10 MEN'S DAY ON THE PODIUM. KELOWNA'S CHRIS LE BIHAN HELPS PUSH CANADA 1 TO BRONZE, JUST ONE ONE-THOUSANDTH OF A SECOND SHORT OF SILVER IN THE FOUR-MAN BOBSLEIGH EVENT. JUSTIN KRIPPS, FROM SUMMERLAND, RIDES TO FIFTH PLACE ABOARD CANADA 2. AND THE GOLDS KEEP PILING UP WITH MEN'S CURLING, MEN'S SPEED SKATING TEAM

PURSUIT, AND JASEY-JAY ANDERSON'S FOURTH OLYMPIC BID, A SLIDE THROUGH THE FOG THAT ENDS IN THE TOP MEDAL SPOT FOR SNOWBOARD PARALLEL GIANT SLALOM

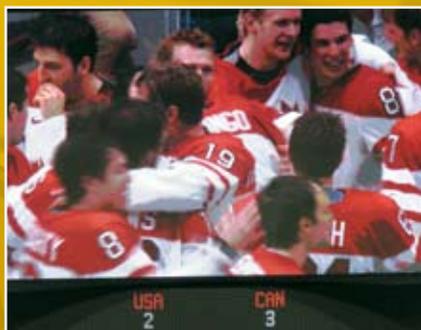


TRISHA GERVAIS,  
JIM KNUTSEN,  
WEST KELOWNA



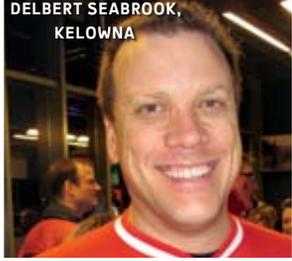
DAY 17: 28/02/10  
HOCKEY FANS (SAY,  
EVERY MAN, WOMAN AND  
CHILD FROM COAST TO  
COAST TO COAST) RIDE A  
COLLECTIVE EMOTIONAL  
ROLLER COASTER WITH  
OUR MEN. FIRST PERIOD,  
FIRST GOAL—EUPHORIA;  
24 SECONDS-ON-THE-  
GAME-CLOCK TYING  
GOAL—SHOCK/  
ANGER/DESPAIR;  
SWEETEST SUDDEN

DEATH OVERTIME  
SCORE IN CANADIAN  
HISTORY—NATIONAL  
DELIRIUM. LOCAL  
HEROES DUNCAN KEITH,  
FROM PENTICTON, AND  
SHEA WEBER, FROM  
SICAMOUS, SHARE THE  
GLORY AS THE GOLD  
MEDALS ARE HUNG  
AROUND THEIR NECKS  
AND A COUNTRY-WIDE  
PARTY TAKES OFF.



GIDDY WITH THE  
MEMORY OF 26  
MEDAL MOMENTS—FIVE  
BRONZE, SEVEN SILVER  
AND A GAMES-TOPPING  
14 GOLD—ALONG WITH  
A HOST OF PERSONAL  
BESTS AND INSPIRA-  
TIONAL PERFORMANCES,  
WE RIDE A WAVE OF  
NEWFOUND, OR AT LEAST,  
NEWLY EXPRESSED  
NATIONAL PRIDE. IN THE

CLOSING CEREMONIES,  
WE TAKE A FEW GOOD-  
NATURED POKES AT  
OURSELVES (AND OUR  
EQUIPMENT MALFUNC-  
TIONS), THEN PASS  
THE TORCH—WITH  
GLOWING HEARTS



DELBERT SEABROOK,  
KELOWNA



COLIN BASRAN,  
MISKO ANTISIN,  
KELOWNA



MARC JACQUARD-  
SOWA, KELOWNA



EHREN LEE, KEN  
GAUTHIER, KELOWNA



## MEDAL COUNT (TOP TEN COUNTRIES)

									
USA	GERMANY	CANADA	NORWAY	AUSTRIA	RUSSIA	S. KOREA	CHINA	SWEDEN	FRANCE
GOLD 9	GOLD 10	GOLD 14	GOLD 9	GOLD 4	GOLD 3	GOLD 6	GOLD 5	GOLD 5	GOLD 2
SILVER 15	SILVER 13	SILVER 7	SILVER 8	SILVER 6	SILVER 5	SILVER 6	SILVER 2	SILVER 2	SILVER 3
BRONZE 13	BRONZE 7	BRONZE 5	BRONZE 6	BRONZE 6	BRONZE 7	BRONZE 2	BRONZE 4	BRONZE 4	BRONZE 6
<b>TOTAL 37</b>	<b>TOTAL 30</b>	<b>TOTAL 26</b>	<b>TOTAL 23</b>	<b>TOTAL 16</b>	<b>TOTAL 15</b>	<b>TOTAL 14</b>	<b>TOTAL 11</b>	<b>TOTAL 11</b>	<b>TOTAL 11</b>

WHEN THE FIRST WINTER OLYMPICS WERE HELD IN 1924 IN CHAMONIX, FRANCE, THE CANADIAN ICE HOCKEY TEAM WENT UNDEFEATED IN FIVE GAMES AND OUTSCORED THEIR OPPONENTS 110-3. SUFFICE IT TO SAY, THE REST OF THE WORLD HAS CAUGHT UP. TEAM CANADA BEAT NORWAY 8-0; NEEDED OVERTIME TO FINISH THE SWISS 3-2; LOST TO THE US 5-3; THRASHED GERMANY 8-2; DISMISSED THE RUSSIANS 7-3; AND SNUCK BY SLOVAKIA 3-2 BEFORE JAROME IGINLA SET UP SIDNEY CROSBY FOR THE OVERTIME GOAL THAT GALVANIZED OUR NATION

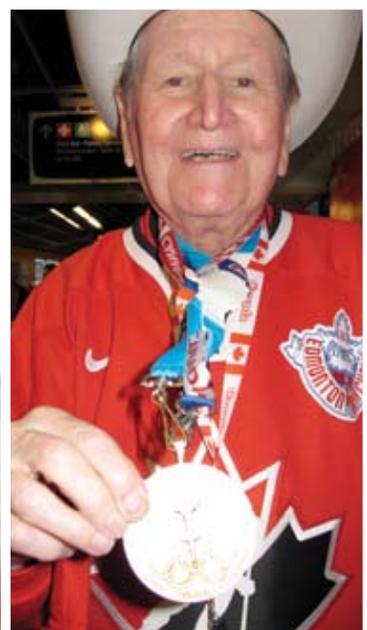
# Canada's game...

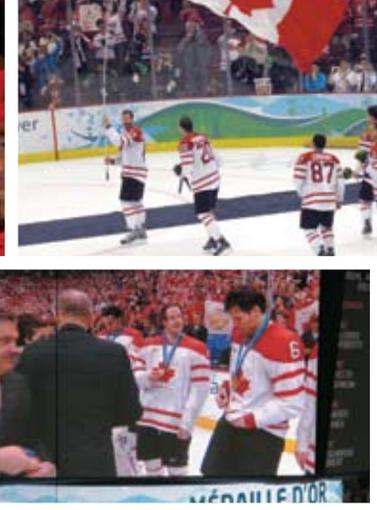


BRUCE AND LAUREEN  
HAMILTON, KELOWNA



PAUL, LINDY AND  
CHRIS PLOCKTIS  
OF KELOWNA WITH  
MADDIE, SCOTT AND  
DAWN TURNER





BRETT HERMAN, PAYTON BUDD, TOM BUDD, SANDY EDMONSTONE, ANNA CROSSLEY, KELOWNA

PHOTOS BY PAUL BYRNE

HE SHOOT HE SCORES

